

Changes to look for with the I Listen Program

Physical Changes:

- More upright Posture
- More eye contact
- Less wiggling
- Voice softens or strengthens
- Singing more or playing with the voice
- Can match tones more accurately
- Physical coordination improves
- Speaking more clearly
- Improved handwriting

Emotional Changes

- More animated
- Less overwhelmed
- More appropriate interaction with adults and peers
- Increased sense of humor
- Increased self confidence
- More independent
- Less defensive
- More sensitive to voice tone, facial and body messages

Mental Changes

- More motivated
- Quicker response time
- Thinking before acting
- Increase in vocabulary
- Improved short term memory
- Less distractible
- Improved focus
- Improved organization